

Warwick Valley Youth Wrestling Club

2018-2019



Program: The **Warwick Valley Youth Wrestling Program** is designed to promote the sport of wrestling to students who live in the Warwick, Florida & Greenwood Lake Central School Districts. This program is open to students currently in grades 2-6. There will be practices on Mondays and Tuesdays in Warwick from 5:15-6:30.

The purpose of our program is to expose your child to the sport of wrestling. This is not the WWF! Your child will be learning the moves and techniques that are used by high school and college wrestlers (Folkstyle). It is our goal to make the program **fun** so that your child will be motivated to continue on and eventually go out for our middle and high school teams.

COST: **\$100 per wrestler (includes a team t-shirt and shorts)**
**** Sibling discount... Additional siblings are \$75 each**

PLEASE MAKE CHECKS OUT TO “Warwick Valley Youth Wrestling Club”

All registration forms and money will be collected on our signup night! Do not mail in any forms or money.

You can find signup documents online through our website:
www.warwickvalleywrestling.com

In addition to the cost of the club (for insurance purposes) **all participants are required to register with NYWAY**. Wrestlers will not be able to practice / compete until they are registered. In order to do this click on the following link and follow instructions:

<http://www.nyway.org/page/show/1310166-nyway-membership->

When it asks for what club please select Warwick Valley Wrestling. The cost of signing up should be \$17.

Documents: **Bring these documents on Monday, November 5th to the information meeting (wrestlers do not have to attend).**

REGISTRATION:

The registration date is **Monday, November 5th**, from 5:30-6:30 in room 161 at Warwick Valley HS. **Wrestling practice WILL NOT take place on that evening.**

All registration forms are due on this date in addition to proof of your NYWAY insurance registration. Additional signup forms will be made available at the registration. At this meeting we will discuss our entire youth season for new & veteran parents.

UNIFORM: Wrestling shoes, headgear, T-shirt, and shorts or sweatpants. Please avoid jeans or clothing that has zippers, buttons, or any other parts which may be sharp or abrasive. Do not bring any valuables to practice.

PRACTICE LOCATION:

All practices will take place in the HS wrestling room! Wrestlers can come to any practices they wish throughout the week.

Mondays- 5:15-6:30

Tuesdays- 5:15-6:30

Guest clinicians will also be brought in at various times throughout the season! These dates will go out via text / email during season!

Please note: Practices will be held on the evenings listed but are subject to change due to inclement weather or changes in the Warwick Valley Varsity Wrestling team schedule.

GRADE LEVEL:

Students, grades 2-6, who live in the Warwick, Florida & Greenwood Lake Central School Districts are eligible. **Parents must stay with children during practice times.**

COMPETITION:

During “youth season” there will be multiple scrimmages/jamborees set up with other local teams. The purpose of these scrimmages will be to expose your child to competition (if a child is not ready to compete we will not force them to compete). On a few weekends during season, more advanced wrestlers will be given the option to go to tournaments in the surrounding area for competition. Even though competition is important, the primary focus of our club is **to have fun, teach quality technique, and build numbers for the program.** **WRESTLERS DO NOT HAVE TO COMPETE IN TOURNAMENTS OR SCRIMMAGES IF THEY DO NOT WISH TO!** All transportation to and from these tournaments and scrimmages is the sole responsibility of the parent. Forms for tournament registration will be made available by the coaching staff.

FUNDRAISERS:

Holiday Tree Sale (Dec 1st and 2nd)

Please spread the word about our HS programs holiday tree sale! Info will follow as the holidays get closer! Come buy your tree from us and support the program!

Calendar Ads

We try to collect as many sponsorships from local businesses that we can for our programs calendar! This will be discussed at our information meeting!

QUESTIONS:

If you have any questions or need any additional information, please feel free to contact: Phil Szumlaski at pszumlaski@wvcsd.org

Website:

Check out our program's home page for information

www.warwickvalleywrestling.com

Remindme101 is my primary way to communicate important info to parents... Please

Text @wewrestle to 81010 to receive automatic text message updates throughout the season

Questions???

Email Phil Szumlaski - pszumlaski@wvcsd.org

Warwick Valley Varsity Wrestling Coach

Warwick Valley Varsity Golf Coach

Warwick Valley Youth Wrestling Coach

Warwick Valley MS Wildcat Wrestling Club Coordinator

Warwick Valley Youth Wrestling Program Practice Schedule 2018-2019

**** Mon Nov. 5th– Registration from 5:30-6:30.** – Completed registration forms are due. Registration will be held in room 161 at Warwick Valley HS. Forms will be collected and any questions answered. **WRESTLING PRACTICE WILL NOT BE HELD ON THE NIGHT. ALL PARENTS MUST ATTEND (EVEN VETERAN PARENTS)**
**** NOTE:** The schedule of practice dates listed below is subject to change due to inclement weather and or scheduling changes for the Warwick Valley Varsity Wrestling Team.

Practice Dates

Monday (5:15-6:30pm) Tuesday (5:15-6:30pm)

Mon- Nov 19

Tues- Nov 20

Mon- Nov 26

Tues- Nov 27

***Sat / Sun – Dec 2/3 Holiday Tree Sale Fundraiser (come support HS & MS program)**

Mon- Dec 3

Tues- Dec 4

Mon- Dec 10

Tues- Dec 11

Mon- Dec 17

Tues- Dec 18

DEC 24 - JAN 1 Winter Break (OFF)

Mon- Jan 7

Tues- Jan 8

Mon- Jan 14

Tues- Jan 15

Mon- Jan 21 **NO SCHOOL - OFF**

Tues- Jan 22

Fri- Jan 25 FUGE TOURNAMENT @ SUFFERN

Mon- Jan 28

Tues- Jan 29

Thurs- 1/31 **END OF THE SEASON PIZZA PARTY (No Practice)**

***Sat- Feb 9 COME WATCH THE VARSITY Section IX Finals @ Monroe Woodbury HS**

TEXT @WARWICKY to 917-746-7451 to receive automatic text message updates throughout the season!

This is a tentative schedule... Dates may change slightly!

SCRIMMAGES TBA

Warwick Jamboree (HOME) 6:30-7:45

Suffern Jamboree 6:00-7:15

Newburgh Jamboree 6:30-7:45pm